



Sunnyside Academy Whole School PE Overview 2025/2026

Year Group	Autumn 1 8 Weeks	Autumn 2 7 Weeks	Spring 1 7 Weeks	Spring 2 5 Weeks	Summer 1 5 weeks	Summer 2 7 weeks
EYFS	Fundamentals	Gymnastics	Fundamentals	Gymnastics	Fundamentals	Sports Day Practice
1	Fundamentals	Gymnastics	Dance	Fundamentals	Team Game Introductions	Athletics/Sports Day Practice
2	Fundamentals	Gymnastics	Dance	Fundamentals	Team Game Development	Athletics/Sports Day Practice
3	Invasion Games	Gymnastics	Dance	Outdoor Adventure Activities	Striking and Fielding/Net/Wall	Athletics
4	Invasion Games	Gymnastics	Dance	Outdoor Adventure Activities	Striking and Fielding/Net/Wall	Athletics
5	Invasion Games	Gymnastics	Dance	Outdoor Adventure Activities	Striking and Fielding/Net/Wall	Athletics
6	Invasion Games	Gymnastics	Dance	Outdoor Adventure Activities	Striking and Fielding/Net/Wall	Athletics