

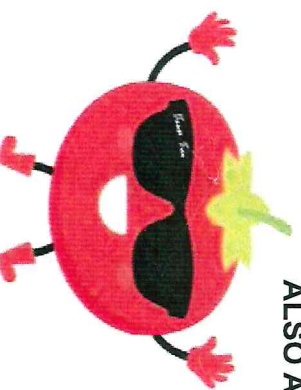
EAT SMART FOR A HEALTHY START!

WEEK 2 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Roast Chicken with Sage & Onion Stuffing	Minced Beef and Dumplings	Toad in the Hole	Lamb Keema & Rice	Chicken Chunks
Option 2	Quiche of the Day (V)	Pizza Wrap (V)	Vegetable Lasagne (V)	Burger in a Bun (V)	Sausage Casserole (V)
Sides	*Variety of Potato *Three Seasonal Vegetables	*Variety of Potato *Three Seasonal Vegetables	*Variety of Potato *Three Seasonal Vegetables	*Variety of Potato *Three Seasonal Vegetables	*Variety of Potato *Three Seasonal Vegetables
Dessert	Steamed Pudding & Custard Jelly	Homemade Biscuit Jelly	Fruit cheesecake Jelly	Fruit flapjack Fruit Smoothie	Oaty Fruit Crumble Ice-Cream

ALSO AVAILABLE DAILY:

- Pasta King bar (where applicable)
- Jacket potato with Filling (where applicable)
- Salad Bar
- Sandwiches or Subs or Wraps
- Cheese & Crackers
- Fresh Fruit
- Bread
- Drinking Water
- Wholegrain Pasta/Rice/Bread also available



All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.